

The Indiana North District



PTIMIST

SPECIAL POINTS OF INTEREST

Activities This Month

Visit the Optimist Café. There are 3 gatherings via ZOOM this month. See the Calendar page for details.

Prepare for our Essay and Oratorical Contests.

The theme for the Essay Contest is:

“Reaching your Dreams by Choosing Optimism”

The Oratorical theme is: **“Healing the World with Optimism”**

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OPTIMIST YEAR FOCUS MARK WEINSCOFF PRESIDENT OI 2020-2021

First Quarter Focus

We are resilient and overcome obstacles.

Second Quarter Focus

International Day of Happiness (March 20-21)

Third Quarter Focus

Rally your friends and make an Optimistic difference in our communities

Fourth Quarter Focus

We are successful...Nothing is impossible

Optimist International and Optimist International Foundation coexist as two separate organizations that support each other. Optimist International Foundation is the fundraising arm of Optimist International, and works to develop funds to support the endeavors of Optimist International and its mission.

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Optimist Inter-
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large group of
porters



who have stepped up to make a difference in the lives of children. This year, Optimist International Foundation is celebrating its 50th Anniversary! By contributing a gift of \$50 in celebration of our Anniversary, you will receive a 50th Anniversary special edition Dime-A-Day pin. Would you consider joining the movement of “Helping Optimists Help Kids?”

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LET'S LIVE OUR CREED EVERY DAY!

Sharing My Heart by Gov. Becky

Some time back, I saw an analogy on FaceBook that talked of spilling coffee.

It goes something like this: you are in a crowded coffee shop with a cup of your favorite joe, piping hot, in your hand and someone bumps you causing you to spill your coffee. If they had only been more careful you would not have spilt your coffee! Right?

No, you spilt your coffee because that what was in YOUR CUP. Had you been drinking tea, you would have spilt your tea.

I can see the puzzled eyebrows. "Gov, what ARE you talking about?"

When we are jostled by life - by circumstances, whatever is in our cup is what spills out.

Is your cup filled with Anger? Frustration? Fear? Criticism? Self-criticism?! Jealousy? Sadness? Rejection?

If so, that is what will slosh out when your life's elbow is hit, when you stumble on the crack in the sidewalk. What trips you up? Being too tired, too busy, in pain, anxious...you name the issue.

And when you do 'spill your coffee', and we all will at some point in time, what do you do?

Will you reach out, apologize for speaking harshly?

"Apologizing does not mean that you're wrong and the other person is right. It just means that you value your relationship more than your ego."

~Author unknown

We, as Optimists, work towards Living the Creed. We are called to Promise Ourselves.

We are to be filled with hope, graciousness, strength, mercy, smiles, kind thoughts, joy, determination, encouragement and optimism.

"The gift is, that while we have one life, we get thousands and thousands of opportunities. Every tomorrow we

are given breath again, we have a chance to tell someone how much we love them. Every moment we are given a chance to be kind, a chance to be brave, a chance to turn towards instead of away, a chance to forgive, a chance to love.

We are given one life, and we are given a million opportunities to send ripples of kindness and love out into the wide world." ~Ming Wai

As you go about your day, check your cup – your heart. Don't be afraid to look. Work towards those tenants of the Creed.

Promise Yourself!



WOW! Check this out from the Zionsville Optimist Club

It looks like we have a NATIONAL Optimist award winner among us!

2020 Ruby Blair Member of the Year Award

Each year, the International Junior Optimist Board of Directors recognizes one outstanding Member of the organization.

We received word yesterday from Amy Keller, Sr. Director of International Programs in St. Louis that, Lucy Gregory, Junior Optimist International (JOI) member and sophomore at ZCHS won the Ruby Blair Award for JOI for 2020. Her application outlined her wonderful work on the swim lesson program for children with special needs at ZCS and earns her a \$2,000 college scholarship.

Lisa Brown, Aquatics Director with Zionsville Schools stated "I have had the pleasure of working with Miss Gregory the past year as her manager for her coordination of adaptive swim lessons through her Junior Optimist Club at Zionsville Community High School. Lucy has singlehandedly organized a team of high school freshman classmates through the Jr. Optimist Club to become trained and teach children swim lessons who have developmental needs".

"Lucy's abilities truly serve as a model for her fellow students, and her peers often seek her out for her ideas and views. She possesses a charisma and leadership quality that students, teachers and administrators alike are drawn to: Miss Gregory is a quality person. She is an outstanding person in character, ability and attitude", adds Ms. Brown.

The Ruby Blair Award is named for a former staff member of Optimist International who spent a huge amount of time and effort to help organize the international administration of Junior Optimist International. Ruby Blair's efforts gave Club Members their own newsletter, awards, training, materials and convention. This award is considered a great honor.

Participation in Junior Optimist International gives young people the opportunity to serve their communities. Students who are involved in Junior Optimist Clubs learn about and practice good citizenship, teamwork, communication and money

management. Junior Optimist exposes Members to Optimism as a philosophy of life, provides members with an improved sense of kindness, increased awareness for those in need, and a better sense of coping with cultural diversity. It also provides members the opportunity to complete community service hours required for graduation.

Please join me in congratulating Lucy and her proud momma, Christy, for this wonderful achievement!

Tim Ottinger
ZIONSVILLE OPTIMIST CLUB
President






Lucy Gregory, shown here showing the excitement of the pool

NOVEMBER

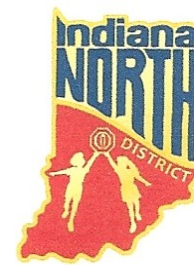


November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Saints Day	2	3 <div>  <p>Optimist Café 11 am Eastern</p> </div>	4 <div> <p>Casual Optimist gathering from around the country. Join in on ZOOM and enjoy.</p> <p>https://us02web.zoom.us/meeting/register/tZwvd-GrqjwjE9wT1NYlw6_j9Bqhd2KIdMkb</p> </div>	5	6	7
8 <div> <p>Daylight Savings Time Ends</p> <p>Fall Back</p> </div>	9	10	11 <div>  <p>Veteran's Day</p> </div>	12	13	14
15	16	17	18 <div> <p>Optimist Café 9pm Eastern</p> </div>	19	20	21
22	23	24	25	26 <div>  <p>Optimist Café 7pm Eastern</p> </div>		28
29 <div> <p>Advent Begins</p> </div>	30	<div> <p>Optimist Café 11 am Eastern</p> </div>				



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Optimist are:
The Friend of Youth

Every Day is an Optimist Day
Supporting the Youth of Our Community

Optimist Mission

By providing hope and positive vision,
Optimists bring out the best in kids.

Optimist Vision

Optimist International will be recognized
worldwide as the premier volunteer
organization that values all
children and helps them develop to their
full potential.

"Like us" on Face Book

*"I am an optimist.
It does not seem to
much use being
anything else"*

—Winston Churchill

The Optimist Creed Promise Yourself:

- * To be so strong that nothing can disturb your peace of mind.
- * To talk health, happiness and prosperity to every person you meet.
- * To make all your friends feel that there is something in them.
- * To look at the sunny side of everything and make your optimism come true.
- * To think only of the best, to work only for the best, and to expect only the best.
- * To be just as enthusiastic about the success of others as you are about your own.
- * To forget the mistakes of the past and press on to the greater achievements of the future.
- * To wear a cheerful countenance at all times and give every living creature you meet a smile.
- * To give so much time to the improvement of yourself that you have no time to criticize others.
- * To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Optimism is positive thinking lighted up.
Norman Vincent Peale